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## *General Information for Members:*

1. Dues: \$150/3months or \$10/workout (with necessary waivers and paperwork done once per year). Once you are licensed with Boxing Ontario, you can spar or workout in any affiliate gym in Canada, and be covered by insurance. Dues paid are for the specified time period only. If you pay for 3 months and workout only a few times, you may not carry any time over to the next time period, unless under extenuating circumstances, to be determined by Scott Eccles. The reason for this is we turn down people for memberships because we can't fit them in physically to the gym. If you pay for that time be here.
2. Any fighting or bullying or unrespectable behavior *outside of the gym*, for example at school or on the street will not be tolerated and will result in immediate barring from this gym. Remember as a member of this gym you are taught skills that only a small percentage of the public knows. You could physically hurt someone. As a member of a martial sport, if you are in an altercation, it would go against you in a court of law.
3. Any disrespectful behavior *on the gym property* will not be tolerated. Equipment in the gym is to be treated properly and with respect. Others peoples property, feelings and well being are to be treated with respect. We are a team here. Theft is an absolute immediate barring from the gym.
4. If you are participating in scheduled training sessions, (Mon, Tues, Thurs, 10 am—12 pm. & 7 pm—8:30 pm) have respect for the time the workout starts. Disrupting members who are serious about training throws everyone off. You will make huge headway in your training if you get red hot instead of lukewarm.